



**Master Ed Ruyter**  
 Founder/Head Instructor

9840 Main Street  
 Damascus, Maryland 20872  
 301-693-7694



**CLASS SCHEDULE**

**Studio A**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00-4:50 PM <b>Purple to Red w/Stripe Belt</b> Kids Ages 7-13	4:00-4:50 PM <b>Brown &amp; Black Belt Class</b> All Ages	4:00-4:50 PM <b>Purple to Red w/Stripe Belt</b> Kids Ages 7-13	4:00-4:50 PM <b>Brown &amp; Black Belt Class</b> All Ages	4:00-4:50 PM <b>Purple to Red w/Stripe Belt</b> Kids Ages 7-13	9:00-9:30 AM <b>Little Dragons</b> Beginner Ages 4-6
5:00-5:30 PM <b>Little Dragons</b> Beginner Ages 4-6	4:00-4:30 PM <b>Little Dragons</b> Beginner Ages 4-6	5:00-5:30 PM <b>Little Dragons</b> Beginner Ages 4-6	4:00-4:30 PM <b>Little Dragons</b> Beginner Ages 4-6	5:00-5:30 PM <b>Little Dragons</b> Beginner Ages 4-6	9:30-10:00 AM <b>Little Dragons</b> Advanced Ages 4-6
5:30-6:00 PM <b>Little Dragons</b> Advanced Ages 4-6	4:30-5:00 PM <b>Little Dragons</b> Advanced Ages 4-6	5:30-6:00 PM <b>Little Dragons</b> Advanced Ages 4-6	4:30-5:00 PM <b>Little Dragons</b> Advanced Ages 4-6	5:30-6:00 PM <b>Little Dragons</b> Advanced Ages 4-6	10:00-10:50 AM <b>White to Yellow Belt</b> Kids Ages 7-13
6:00-6:50 PM <b>White to Yellow Belt</b> Kids Ages 7-13	5:00-5:50 PM <b>White to Yellow Belt</b> Kids Ages 7-13	6:00-6:50 PM <b>White to Yellow Belt</b> Kids Ages 7-13	5:00-5:50 PM <b>White to Yellow Belt</b> Kids Ages 7-13	6:00-6:50 PM <b>White to Yellow Belt</b> Kids Ages 7-13	11:00-11:50 AM <b>Orange to Blue Belt</b> Kids Ages 7-13
7:00-7:50 PM <b>Orange to Blue Belt</b> Kids Ages 7-13	6:00-6:50 PM <b>Orange to Blue Belt</b> Kids Ages 7-13	7:00-7:50 PM <b>Orange to Blue Belt</b> Kids Ages 7-13	6:00-6:50 PM <b>Orange to Blue Belt</b> Kids Ages 7-13	7:00-7:50 PM <b>Orange to Blue Belt</b> Kids Ages 7-13	12:00-12:50 AM <b>Purple to Black Belt</b> Kids Ages 7-13
7:00-7:50 PM <b>Brown &amp; Black Belt Class</b> All Ages	7:00-7:50 PM <b>Purple to Red w/Stripe Belt</b> Kids Ages 7-13	7:00-7:50 PM <b>Brown &amp; Black Belt Class</b> All Ages	7:00-7:50 PM <b>Purple to Red w/Stripe Belt</b> Kids Ages 7-13		
8:00-8:50 PM <b>Adults</b> Ages 14 & Up	8:00-8:50 PM <b>Adults</b> Ages 14 & Up	8:00-8:50 PM <b>Adults</b> Ages 14 & Up	8:00-8:50 PM <b>Adults</b> Ages 14 & Up		1:00-1:50 AM <b>Adults</b> Ages 14 & Up

**Studio B**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-10:50 AM <b>Kickboxing</b>	10:00-10:50 AM <b>Kickboxing</b>	10:00-10:50 AM <b>Kickboxing</b>	10:00-10:50 AM <b>Kickboxing</b>	10:00-10:50 AM <b>Kickboxing</b>	8:00-8:50 AM <b>Kickboxing</b>
	<b>NEW!</b> 10:00-10:50 AM <b>All Belts Class</b> Ages 7 & Up		<b>NEW!</b> 10:00-10:50 AM <b>All Belts class</b> Ages 7 & Up		<b>NEW!</b> 12:00-12:50 PM <b>Tournament Class</b>
6:00-6:50 PM <b>Kickboxing</b>	5:00-5:50 PM <b>Kickboxing</b>	6:00-6:50 PM <b>Kickboxing</b>	5:00-5:50 PM <b>Kickboxing</b>	6:00-6:50 PM <b>Kickboxing</b>	
8:00-8:50 PM <b>Weapons Class</b>	7:00-7:50 PM <b>Kickboxing</b>		7:00-7:50 PM <b>Kickboxing</b>		

*Kickboxing Ages 14 & Up*

*Visit us on the web at [Ruytersacademyofmartialarts.com](http://Ruytersacademyofmartialarts.com)*